



## Sports development planning Heidelberg

5 questions about sports in your district

Your age (years):  18-24  25-29  30-39  40-49  50-59  60+

Your gender:  male  female  queer/divers

*First of all, we want to record your regular **sports activities** in your free time. Exercise activities in everyday life (e.g. cycling to work, going for a walk) are not meant here. Please list your sporting activity **regardless of the restrictions due to the corona pandemic.***

1. Are you usually active in sports?  yes  no (→ if no, go directly to question 3)

2. What sport do you do (regularly)?

in a sports club?

How many hours a week?

\_\_\_\_\_

yes  no

ca. \_\_\_\_\_ h

\_\_\_\_\_

yes  no

ca. \_\_\_\_\_ h

\_\_\_\_\_

yes  no

ca. \_\_\_\_\_ h

\_\_\_\_\_

yes  no

ca. \_\_\_\_\_ h

*Now we have a question about the current situation in the corona pandemic.*

3. Did you start sports activities during the pandemic?

no (→ go directly to question 4)

yes → Please indicate below which sports activities these are and whether you plan to continue these after the pandemic:

continue after the pandemic?

\_\_\_\_\_

ca. \_\_\_\_\_ h weekly

yes  no  don't know

\_\_\_\_\_

ca. \_\_\_\_\_ h weekly

yes  no  don't know

\_\_\_\_\_

ca. \_\_\_\_\_ h weekly

yes  no  don't know

*The following question relates to your **physical activity in everyday life** (e.g. cycling to work, gardening, going for a walk). Please exclude holiday activities and activities outside of Heidelberg.*

4. What other physical activities do you do (regularly)? And: Did you take up these activities due to the pandemic? Are you planning to keep this in the future?

\_\_\_\_\_

ca. \_\_\_\_\_ h weekly

due to the pandemic?

yes  no

planning to keep it in the future?

yes  no  don't know

\_\_\_\_\_

ca. \_\_\_\_\_ h weekly

yes  no

yes  no  don't know

\_\_\_\_\_

ca. \_\_\_\_\_ h weekly

yes  no

yes  no  don't know

\_\_\_\_\_

ca. \_\_\_\_\_ h weekly

yes  no

yes  no  don't know

Please turn over for question 5 ⇨

*Finally, we look forward to your comments on the sports offered.*

**5. Which sports and / or exercise opportunities do you miss in your district?**

*Use the enclosed envelope for the return.  
To protect your anonymity, please do not enter a sender address!*

*If possible, fill out the questionnaire **online** at:*  
<https://www.soscisurvey.de/sep-phv/>

